

**Cornford House**  
**Menu for Week Commencing Monday 7<sup>th</sup> May 2018**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Early Drink	Tea, Coffee or Juice						
	<ul style="list-style-type: none"> <li>• Cereals/Porridge</li> <li>• Cooked Breakfast</li> <li>• Toast</li> </ul>	<ul style="list-style-type: none"> <li>• Cereals/Porridge</li> <li>• Cooked Breakfast</li> <li>• Toast</li> </ul>	<ul style="list-style-type: none"> <li>• Cereals/Porridge</li> <li>• Cooked Breakfast</li> <li>• Toast</li> </ul>	<ul style="list-style-type: none"> <li>• Cereals/Porridge</li> <li>• Cooked Breakfast</li> <li>• Toast</li> </ul>	<ul style="list-style-type: none"> <li>• Cereals/Porridge</li> <li>• Cooked Breakfast</li> <li>• Toast</li> </ul>	<ul style="list-style-type: none"> <li>• Cereals/Porridge</li> <li>• Cooked Breakfast</li> <li>• Toast</li> </ul>	<ul style="list-style-type: none"> <li>• Cereals/Porridge</li> <li>• Cooked Breakfast</li> <li>• Toast</li> </ul>
Mid-morning	Tea, Coffee, Water or Squash with Biscuits						
Lunch	1. Shephard's pie served with swede, carrot and green beans  2. Cauliflower cheese served with mash and vegetable	1. Turkey, ham and leek Vol au Vent served with potatoes, baby carrot and savoy cabbage  2. creamy mushroom risotto served with vegetable	1. Sausage and mash served with onion gravy, parsnip and broccoli  2. vegetable and cheese country bakes served with potatoes and vegetable	1. Beef stroganoff served with new potatoes, cauliflower and Brussel sprouts  2. Stuffed peppers (rice) served with vegetable	1. Cod served with chips, peas and tartare sauce  2. Pigs in blankets served with mash and vegetable	1. Pasta bolognaise served with mix vegetable  2. jacket potatoes served with cheese or bakes beans/salad	1. Roast chicken served with roast potatoes and cranberry sauce, Brussels sprouts and carrot  2. cheese and onion quiche, roast potatoes, vegetable
	1. Golden syrup sponge served with custard	1. Lemon meringue pie	1. Rice pudding and mix fruit jam	1. Bread and butter pudding served with custard	1. panna cotta	1. rhubarb crumble and custard	1. black forest gateaux
Evening Meal	<ul style="list-style-type: none"> <li>• Red lentil and tomato soup</li> <li>• Chicken nuggets served with chips and coleslaw</li> <li>• Chocolate delight</li> </ul>	<ul style="list-style-type: none"> <li>• Carrot and coriander soup</li> <li>• pate served with bread and butter, crackers or salad</li> <li>• jam doughnuts</li> </ul>	<ul style="list-style-type: none"> <li>• leek and potatoes soup</li> <li>• Crumpets served with jam, honey or cheese</li> <li>• strawberry and vanilla mousse</li> </ul>	<ul style="list-style-type: none"> <li>• Yellow peas and bacon soup</li> <li>• Crunchy macaroni cheese served with salad</li> <li>• Fruit cocktail</li> </ul>	<ul style="list-style-type: none"> <li>• Mediterranean soup</li> <li>• Ham and cheese omelet served with bread and butter</li> <li>• Milk jelly</li> </ul>	<ul style="list-style-type: none"> <li>• Pea and mint soup</li> <li>• selection of sandwiches, bread rolls, and crisps</li> <li>• cup cakes</li> </ul>	<ul style="list-style-type: none"> <li>• Vegetable soup</li> <li>• selection of sandwiches, bread rolls and crisps</li> <li>• vanilla ice cream and sauces</li> </ul>
Late Evening	Milky drink Biscuits						

- Water and fruit squash available throughout the day in the resident's lounges
- Water jugs available in residents' rooms during the night.
- Hot drinks & biscuits offered if residents wake during night.
- Alternatives available at each meal time and fresh fruit

*Some of our dishes may contain allergens. Please ask our Chef for further information.*