

**Cornford House**  
**Menu for Week Commencing Monday 11<sup>th</sup> June 2018**

|              | Monday                                                                                                                                                                          | Tuesday                                                                                                                                                                 | Wednesday                                                                                                                                                                      | Thursday                                                                                                                                                        | Friday                                                                                                                                                    | Saturday                                                                                                                                                                   | Sunday                                                                                                                                                                    |
|--------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Early Drink  | Tea, Coffee or Juice                                                                                                                                                            |                                                                                                                                                                         |                                                                                                                                                                                |                                                                                                                                                                 |                                                                                                                                                           |                                                                                                                                                                            |                                                                                                                                                                           |
|              | <ul style="list-style-type: none"> <li>• Cereals/Porridge</li> <li>• Cooked Breakfast</li> <li>• Toast</li> </ul>                                                               | <ul style="list-style-type: none"> <li>• Cereals/Porridge</li> <li>• Cooked Breakfast</li> <li>• Toast</li> </ul>                                                       | <ul style="list-style-type: none"> <li>• Cereals/Porridge</li> <li>• Cooked Breakfast</li> <li>• Toast</li> </ul>                                                              | <ul style="list-style-type: none"> <li>• Cereals/Porridge</li> <li>• Cooked Breakfast</li> <li>• Toast</li> </ul>                                               | <ul style="list-style-type: none"> <li>• Cereals/Porridge</li> <li>• Cooked Breakfast</li> <li>• Toast</li> </ul>                                         | <ul style="list-style-type: none"> <li>• Cereals/Porridge</li> <li>• Cooked Breakfast</li> <li>• Toast</li> </ul>                                                          | <ul style="list-style-type: none"> <li>• Cereals/Porridge</li> <li>• Cooked Breakfast</li> <li>• Toast</li> </ul>                                                         |
| Mid-morning  | Tea, Coffee, Water or Squash with Biscuits                                                                                                                                      |                                                                                                                                                                         |                                                                                                                                                                                |                                                                                                                                                                 |                                                                                                                                                           |                                                                                                                                                                            |                                                                                                                                                                           |
| Lunch        | 1. Pasta bolognaise served with baby carrot and green beans<br>2. Fish in parsley sauce served with mash and vegetable                                                          | 1. Sausage casserole served with potatoes, cauliflower and savoy cabbage<br>2. bubble and squeak served with fried egg and vegetable                                    | 1. Thai green chicken curry served with rice and mix vegetable<br>2. vegetable sausage served with mash and vegetable                                                          | 1. Beef stroganoff served with potatoes, Brussel sprouts and roast parsnip<br>2. Creamy butternut squash risotto                                                | 1. scampi served with chips, lemon, tartare sauce and peas<br>2. ham, pineapple, fried egg and chips                                                      | 1. Shephard's pie served with savoy cabbage and broccoli<br>2. jacket potatoes served with cheese, tuna mayo or bakes beans/ salad                                         | 1. Roast turkey served with roast potatoes and cranberry sauce, Brussels sprouts and carrot<br>2. cheese and onion quiche served with veg and potatoes                    |
|              | 1. lemon and poppy seed cake served with custard                                                                                                                                | 1. rhubarb crumble served with custard                                                                                                                                  | 1. strawberry and cream                                                                                                                                                        | 1. Apple strudel served with vanilla sauce                                                                                                                      | 1. Rice pudding and mix fruit jam                                                                                                                         | 1. chocolate trifle                                                                                                                                                        | 1. tangy lemon gateaux                                                                                                                                                    |
| Evening Meal | <ul style="list-style-type: none"> <li>• Carrot and coriander soup</li> <li>• Ham and cheese jacket potatoes served with salad</li> <li>• Butterscotch angel delight</li> </ul> | <ul style="list-style-type: none"> <li>• Leek and potatoes soup</li> <li>• Crunchy macaroni cheese served with salad</li> <li>• Vanilla ice cream and sauces</li> </ul> | <ul style="list-style-type: none"> <li>• Yellow peas an bacon soup</li> <li>• Brussel Pate served on toast or with bread and butter/salad</li> <li>• Jam doughnut's</li> </ul> | <ul style="list-style-type: none"> <li>• creamy tomato soup</li> <li>• Gala pie served with bread and butter, pickle and salad</li> <li>• Milk jelly</li> </ul> | <ul style="list-style-type: none"> <li>• sweet potatoes and carrot soup</li> <li>• Quiche Lorraine served with salad</li> <li>• Fruit cocktail</li> </ul> | <ul style="list-style-type: none"> <li>• pea and mint soup</li> <li>• selection of sandwiches , bread rolls and crisps</li> <li>• strawberry and vanilla mousse</li> </ul> | <ul style="list-style-type: none"> <li>• Creamy vegetable soup</li> <li>• selection of sandwiches, bread rolls and crisps</li> <li>• chocolate chips cup cakes</li> </ul> |
| Late Evening | Milky drink<br>Biscuits                                                                                                                                                         |                                                                                                                                                                         |                                                                                                                                                                                |                                                                                                                                                                 |                                                                                                                                                           |                                                                                                                                                                            |                                                                                                                                                                           |

- Water and fruit squash available throughout the day in the resident's lounges
- Water jugs available in residents' rooms during the night.
- Hot drinks & biscuits offered if residents wake during night.
- **Alternatives available at each meal time and fresh fruit**

*Some of our dishes may contain allergens. Please ask our Chef for further information.*