

Cornford House
Menu for Week Commencing Monday 2nd July 2018

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--------------|--|--|---|---|--|---|---|
| Early Drink | Tea, Coffee or Juice | | | | | | |
| | <ul style="list-style-type: none"> • Cereals/Porridge • Cooked Breakfast • Toast | <ul style="list-style-type: none"> • Cereals/Porridge • Cooked Breakfast • Toast | <ul style="list-style-type: none"> • Cereals/Porridge • Cooked Breakfast • Toast | <ul style="list-style-type: none"> • Cereals/Porridge • Cooked Breakfast • Toast | <ul style="list-style-type: none"> • Cereals/Porridge • Cooked Breakfast • Toast | <ul style="list-style-type: none"> • Cereals/Porridge • Cooked Breakfast • Toast | <ul style="list-style-type: none"> • Cereals/Porridge • Cooked Breakfast • Toast |
| Mid-morning | Tea, Coffee, Water or Squash with Biscuits | | | | | | |
| Lunch | 1. Lasagna served with garlic bread, sweetcorn, carrot and green beans 2. Cod fish cake served with mash and vegetable | 1. Meatballs served in gravy with mash potatoes, cauliflower and Brussel sprouts 2. Jacket potatoes served with baked beans, cheese and salad | 1. Midweek roast: roast chicken served with roast potatoes, stuffing, broccoli, baby carrot and cranberry sauce 2. leek in cheese sauce served with potatoes and vegetable | 1. Cottage pie served with swede and savoy cabbage 2. Vegetable nuggets served with mash and vegetable | 1. Cod served with lemon and tartar sauce, chips and peas 2. Ham and pea risotto served with vegetable | 1. Sweet and sour chicken served with rice and mix vegetable 2. Spinach and potatoes bake served with vegetable | 1. Roast gammon served with roast potatoes, apple sauce Carrot and roast parsnip 2. broccoli and cheddar quiche served with potatoes and vegetable |
| | 1. Chocolate sponge and chocolate sauce | 1. Peaches and cream | 1. Fruit crumble and custard | 1. Strawberry fruit flan and whipped cream | 1. banana custard | 1. jam roly polly and vanilla sauce | 1. mini meringues |
| Evening Meal | <ul style="list-style-type: none"> • Creamy beetroot soup • Ham and cheese omelet served with bread and butter • Banana delight | <ul style="list-style-type: none"> • Carrot and coriander soup • Brussel chicken liver pate served on toast, crackers or with bread and butter/ salad • vanilla ice cream with sauces | <ul style="list-style-type: none"> • yellow peas an bacon soup • crunchy macaroni cheese served with salad • semolina jelly | <ul style="list-style-type: none"> • pea and mint soup • Gala pie served with pickle, bread and butter/salad • jam doughnuts | <ul style="list-style-type: none"> • Leek and potatoes soup • Homemade sausage rolls served with salad • Chocolate and vanilla mousse | <ul style="list-style-type: none"> • Creamy tomato soup • selection of sandwiches, bread rolls, and crisps • yoghurt | <ul style="list-style-type: none"> • vegetable soup • selection of sandwiches, bread rolls and crisps • cinnamon cup cakes |
| Late Evening | Milky drink Biscuits | | | | | | |

- Water and fruit squash available throughout the day in the resident's lounges
- Water jugs available in residents' rooms during the night.
- Hot drinks & biscuits offered if residents wake during night.
- Alternatives available at each meal time and fresh fruit

Some of our dishes may contain allergens. Please ask our Chef for further information.