

Cornford House
Menu for Week Commencing Monday 17th September 2018

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--------------|---|---|--|---|--|--|--|
| Early Drink | Tea, Coffee or Juice | | | | | | |
| | <ul style="list-style-type: none"> • Cereals/Porridge • Cooked Breakfast • Toast | <ul style="list-style-type: none"> • Cereals/Porridge • Cooked Breakfast • Toast | <ul style="list-style-type: none"> • Cereals/Porridge • Cooked Breakfast • Toast | <ul style="list-style-type: none"> • Cereals/Porridge • Cooked Breakfast • Toast | <ul style="list-style-type: none"> • Cereals/Porridge • Cooked Breakfast • Toast | <ul style="list-style-type: none"> • Cereals/Porridge • Cooked Breakfast • Toast | <ul style="list-style-type: none"> • Cereals/Porridge • Cooked Breakfast • Toast |
| Mid-morning | Tea, Coffee, Water or Squash with Biscuits | | | | | | |
| Lunch | <ol style="list-style-type: none"> 1. Fish pie served with baby carrot and broccoli 2. Vegetable sausage served with mash and vegetable | <ol style="list-style-type: none"> 1. Chicken in a creamy tomato and mascarpone sauce served with penne pasta and mix vegetable 2. Fish fingers served with mash potatoes and vegetable | <ol style="list-style-type: none"> 1. Sausage and mash served with onion gravy, green beans and swede 2. Cauliflower cheese served with potatoes and vegetable | <ol style="list-style-type: none"> 1. Beef stroganoff served with mash potatoes, Brussel sprouts and roast parsnip 2. Creamy butternut squash risotto | <ol style="list-style-type: none"> 1. Cod served with lemon and tartar sauce, chips and mushy peas 2. Ham, pineapple, fried egg and chips | <ol style="list-style-type: none"> 1. Chicken, ham and leek pie served with new potatoes, crushed swede and carrot 2. cheese omelet served with bread and butter/salad | <ol style="list-style-type: none"> 1. Roast pork served with roast potatoes, apple sauce, savoy cabbage and carrot 2. cheese and onion quiche served with roast potatoes and vegetable |
| | <ol style="list-style-type: none"> 1. Golden syrup and pineapple sponge served with custard | <ol style="list-style-type: none"> 1. Crème caramel | <ol style="list-style-type: none"> 1. Red cherry flan and cream | <ol style="list-style-type: none"> 1. Neapolitan ice cream and sauces | <ol style="list-style-type: none"> 1. Fruit crumble and vanilla sauce | <ol style="list-style-type: none"> 1. Rice pudding and mix fruit jam | <ol style="list-style-type: none"> 1. tangy lemon gateaux |
| Evening Meal | <ul style="list-style-type: none"> • Creamy tomato and basil soup • Brussel pate served on toast, crackers or bread and butter/salad • Chocolate delight | <ul style="list-style-type: none"> • Carrot and coriander soup • Ham and cheese jacket potatoes served with salad • Fruit cocktail | <ul style="list-style-type: none"> • Leek and potatoes soup • Shephard's pasties served with new potatoes salad/salad • Tea cake | <ul style="list-style-type: none"> • Creamy beetroot soup • Hot dogs served with caramelized onion/ salad • Jam tarts | <ul style="list-style-type: none"> • Red lentil and tomato soup • Egg mayonnaise served with bread and butter/salad • Custard jelly | <ul style="list-style-type: none"> • Yellow peas and bacon soup • selection of sandwiches or bread rolls, crisps • strawberry and vanilla mousse | <ul style="list-style-type: none"> • Creamy vegetable soup • selection of sandwiches or bread rolls, crisps • chocolate cup cakes |
| Late Evening | Milky drink Biscuits | | | | | | |

- Water and fruit squash available throughout the day in the resident's lounges
- Water jugs available in residents' rooms during the night.
- Hot drinks & biscuits offered if residents wake during night.
- **Alternatives available at each meal time and fresh fruit**

Some of our dishes may contain allergens. Please ask our Chef for further information.