

Cornford House
Menu for Week Commencing Monday 1st October 2018

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Early Drink	Tea, Coffee or Juice						
	<ul style="list-style-type: none"> • Cereals/Porridge • Cooked Breakfast • Toast 	<ul style="list-style-type: none"> • Cereals/Porridge • Cooked Breakfast • Toast 	<ul style="list-style-type: none"> • Cereals/Porridge • Cooked Breakfast • Toast 	<ul style="list-style-type: none"> • Cereals/Porridge • Cooked Breakfast • Toast 	<ul style="list-style-type: none"> • Cereals/Porridge • Cooked Breakfast • Toast 	<ul style="list-style-type: none"> • Cereals/Porridge • Cooked Breakfast • Toast 	<ul style="list-style-type: none"> • Cereals/Porridge • Cooked Breakfast • Toast
Mid-morning	Tea, Coffee, Water or Squash with Biscuits						
Lunch	1. Meatballs served in tomato sauce with rice, peas and carrot 2. Cauliflower cheese served with potatoes and vegetable	1. Chicken in a creamy mushroom sauce served with new potatoes, green beans and cauliflower 2. Jacket potatoes served with tuna mayo, cheese or baked beans/salad	1. Bacon and onion pudding served with potatoes, crushed swede and carrot 2. vegetable sausage served with mash and vegetable	1. Cottage pie served with roast parsnip and Brussel sprouts 2. Fish in a parsley sauce served with potatoes and vegetable	1. Cod(battered) served with chips, lemon, tartare sauce and peas 2. Pigs in blankets served with mash and vegetable	1. Sausage casserole served with potatoes, broccoli and sweetcorn 2. crunchy macaroni cheese served with vegetable	1. Roast beef served with roast potatoes and horseradish sauce, Yorkshire pudding, carrot and savoy cabbage 2. cheese and onion quiche served with veg and potatoes
	1. jam and coconut sponge served with custard	1. Apple, cinnamon and sultanas crumble with custard	1. Peaches and cream	1. Crème caramel	1. Neapolitan ice cream	1. Homemade jam tart with custard	1. tangy lemon gateaux
Evening Meal	<ul style="list-style-type: none"> • Yellow peas and bacon soup • Cheese and tomato pizza served with salad • Chocolate delight 	<ul style="list-style-type: none"> • Leek and potatoes soup • Bubble and squeak served with salad • Jelly and evaporated milk 	<ul style="list-style-type: none"> • Carrot and coriander soup • Egg mayo served with bread and butter/ salad • Strawberry and vanilla mousse 	<ul style="list-style-type: none"> • Creamy tomato soup • Homemade sausage rolls served with new potatoes salad • pineapple swirls 	<ul style="list-style-type: none"> • creamy beetroot soup • Chicken Caesar salad served with crusty bread • Fruit cocktail 	<ul style="list-style-type: none"> • Pea and ham soup • selection of sandwiches, bread rolls and crisps • banana cup cakes 	<ul style="list-style-type: none"> • creamy vegetable soup • selection of sandwiches, bread rolls and crisps • tea cake
Late Evening	Milky drink Biscuits						

- Water and fruit squash available throughout the day in the resident's lounges
- Water jugs available in residents' rooms during the night.
- Hot drinks & biscuits offered if residents wake during night.
- **Alternatives available at each meal time and fresh fruit**

Some of our dishes may contain allergens. Please ask our Chef for further information.