

Cornford House
Menu for Week Commencing Monday 8th October 2018

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Early Drink	Tea, Coffee or Juice						
	<ul style="list-style-type: none"> • Cereals/Porridge • Cooked Breakfast • Toast 	<ul style="list-style-type: none"> • Cereals/Porridge • Cooked Breakfast • Toast 	<ul style="list-style-type: none"> • Cereals/Porridge • Cooked Breakfast • Toast 	<ul style="list-style-type: none"> • Cereals/Porridge • Cooked Breakfast • Toast 	<ul style="list-style-type: none"> • Cereals/Porridge • Cooked Breakfast • Toast 	<ul style="list-style-type: none"> • Cereals/Porridge • Cooked Breakfast • Toast 	<ul style="list-style-type: none"> • Cereals/Porridge • Cooked Breakfast • Toast
Mid-morning	Tea, Coffee, Water or Squash with Biscuits						
Lunch	1. Chicken, ham and leek pie served with new potatoes, peas and baby carrot 2. stuffed pepper (rice) served with vegetable	1. Chilli con carne served with rice and mix vegetable 2. fish fingers (cod) served with mash and vegetable	1. Pigs in blankets served with mash potatoes, onion gravy, broccoli and cauliflower 2. Leek in a cheese sauce served with potatoes and vegetable	1. Pasta bolognaise served with green beans and sweetcorn 2. Vegetable sausage served with potatoes and vegetable	1. Scampi served with lemon and tartar sauce, chips and peas 2. Ham, pineapple, fried egg and chips	1. Beef stroganoff served with potatoes, crushed swede and carrot 2. Macaroni cheese served with vegetable	1. Roast chicken served with roast potatoes, cranberry sauce, stuffing, Savoy cabbage and roast parsnip 2. cheese and onion quiche served with roast potatoes and vegetable
	1. Pineapple and golden syrup sponge with custard	1. Lemon meringue pie	1. Apple strudel and custard	1. Red cherry flan and cream	1. Trifle	1. rice pudding and mix fruit jam	1. chocolate fudge cake with cream
Evening Meal	<ul style="list-style-type: none"> • Creamy butternut squash soup • Shephard's pasties served with potatoes salad/ salad • Strawberry delight 	<ul style="list-style-type: none"> • Sweet potatoes and carrot soup • Hot dogs served with caramelized onion/salad • Jam doughnuts 	<ul style="list-style-type: none"> • Red lentil and tomato soup • Corned beef hash served with salad • Milk jelly 	<ul style="list-style-type: none"> • Chicken soup • Jacket potatoes served with baked beans, tuna mayo or cheese/salad • Rhubarb fool 	<ul style="list-style-type: none"> • Tomato soup • Ham and cheese omelet served with bread and butter • Chocolate and vanilla mousse 	<ul style="list-style-type: none"> • Yellow peas and bacon soup • selection of sandwiches, bread rolls and crisps • fruit cocktail 	<ul style="list-style-type: none"> • creamy vegetable soup • selection of sandwiches, bread rolls and crisps • cinnamon cup cakes
Late Evening	Milky drink Biscuits						

- Water and fruit squash available throughout the day in the resident's lounges
- Water jugs available in residents' rooms during the night.
- Hot drinks & biscuits offered if residents wake during night.
- **Alternatives available at each meal time and fresh fruit**

Some of our dishes may contain allergens. Please ask our Chef for further information.